

Conference Program

October 11, 2012

<u>Time</u>	<u>Location</u>	<u>Session</u>
7:30 am	Commonwealth Foyer	Registration Begins
7:45 – 8:30 am	Commonwealth Ballroom B	Breakfast
8:30 – 8:45 am	Commonwealth Ballroom A	Welcome David J. Pilon , PhD, Capital Health, EDAC – ATAC President, Halifax, NS
8:45 – 9:00 am	Commonwealth Ballroom A	Opening Remarks Mindfulness and Mental Health TBD
9:00 – 10:30 am	Commonwealth Ballroom A	Keynote Address Collaboration in care: Sharing skills and mobilizing motivation Janet Treasure , PhD, FRCP, FRCPsych, South London & Maudsley National Health Service Trust, London, UK
10:30 – 11:00 am	Commonwealth Ballroom B	Nutrition Break – Poster presentations on display
11:00 am – 12:30 pm		Workshop Session I
	Bedford Room	When Families Are Supported: There is Improved Hope for Coping with and Recovering from an Eating Disorder

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Patricia Nash, M ED, Eating Disorder Foundation of Newfoundland and Labrador, St. John's, NL

Harbour Suite A

Physical Activity and Eating Disorders Through the Life Spectrum: A Current and Comprehensive Look at Physiotherapy Approach in the Management of Physical Activity and Musculoskeletal Complications in Adolescents and Adults with Eating Disorders

Andrea Hann, BScPT, Eastern Health, St. John's, NL

Lisa Scott, BScPT, BEd, McMaster Children's Hospital, Hamilton, ON

Harbour Suite B

Teaching Parents the Necessary Skills of Family-Based Therapy (FBT) and Meal Support: A Skills Workshop for Parents Who Are Beginning Family-Based Treatment at BC Children's Hospital

Bertrand Wicholas, MD, British Columbia Children's Hospital, Vancouver, BC

Tom Bauslaugh, MA, British Columbia Children's Hospital, Vancouver, BC

Lunenburg
Room

Multi-Family Therapy for Adolescents and Adults with Eating Disorders: An Innovative Treatment for Working with Young People and their Families Across the Lifespan

Gina Dimitropoulos, PhD, University Health Network, Toronto, ON

Sheila Bjarnason, MSW, The Hospital for Sick Children, Toronto, ON

Leora Pinhas, MD, FRCPC, The Hospital for Sick Children, Toronto, ON

Maritime Room

Exploring the Possibilities: Developing Pan-Canadian Best Practice Guidelines for Involuntary Admission and Treatment of Eating Disorders

Olga Heath, PhD, Memorial University, St. John's, NL

Tanis Adey, MD, Memorial University, St. John's, NL

Pamela Ward, PhD, Eastern Health, St. John's, NL

Denise English, MN, Eastern Health, St. John's, NL

Joanne Simms, MN, Eastern Health, St. John's, NL
Anna Dominic, MD, Memorial University, St. John's, NL
Kelly Maloney, MSc, Eastern Health, St. John's, NL
Susan Pardy, PhD, Eastern Health, St. John's, NL

12:30 – 1:30 pm	Commonwealth Ballroom B	Lunch
1:30 – 3:00 pm	Commonwealth Ballroom A	Plenary Session Public Screening of Film <i>No Numbers: Identity Beyond Measure</i> followed by Panel Discussion about issues raised within film Filmmaker, Dena Ashbaugh , treatment providers, clients, family members
3:00 – 3:30 pm	Commonwealth Ballroom B	Nutrition Break – Poster presentations on display
3:30 – 4:30 pm	Paper Presentations I	
	Bedford Room	3:30 Peer Coaching: Engaging in a Relationship Beyond ED Elizabeth Phoenix , MScN, APN, CPMHN(C), London Health Sciences Centre – Victoria Hospital, London, ON Vanessa Gilmor , RD, BASc, London Health Sciences Centre – Victoria Hospital, London, ON 3:50 Eating Disorders: An Interdisciplinary Model of Care Julia Raudzus , MD, FRCPC, St. Paul's Hospital, Vancouver, BC Grant Millar , MD, FRCPC, St. Paul's Hospital, Vancouver, BC Jane McKay , MD, FRCPC, St. Paul's Hospital, Vancouver, BC 4:10 Building Interprofessional Community Capacity for Eating Disorder Care: Results from a Provincial Workshop in

Newfoundland and Labrador, Canada

Olga Heath, PhD, Memorial University, St. John's, NL

Joanne Simms, MN, Eastern Health, St. John's, NL

Pamela Ward, PhD, Eastern Health, St. John's, NL

Denise English, MN, Eastern Health, St. John's, NL

Tanis Adey, MD, Memorial University, St. John's, NL

Anna Dominic, MD, Memorial University, St. John's, NL

Kelly Maloney, MSc, Eastern Health, St. John's, NL

Susan Pardy, PhD, Eastern Health, St. John's, NL

Barbara Young, MSc, Memorial University, St. John's, NL

Harbour Suite A	3:30	Factitious Disorder or Eating Disorder? An Argument for Underscoring the Sick Role
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Aaron Keshen, MD, FRCPC, Capital Health, Halifax, NS

	3:50	Psychological Correlates of Body Dissatisfaction in Children Under 12 Years Old
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Annie Aimé, PhD, Université du Québec en Outaouais, Saint-Jérôme, QC

	4:10	Trouble de déficit de l'attention/hyperactivité (TDAH) et troubles des conduites alimentaires (TCA)
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Pierre-Olivier Nadeau, MD, Hôpital Ste-Justine, Montréal, QC

Harbour Suite B	3:30	Outcomes of Intensive Pediatric Eating Disorder Treatment Programs Using a Clinician-Rated Measure
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Katherine Henderson, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON

Nicole Obeid, MA, Children's Hospital of Eastern Ontario, Ottawa, ON

Maeghan C.Y. Fu, Carleton University, Ottawa, ON

Danijela Maras, BSc, Children's Hospital of Eastern Ontario, Ottawa, ON

Annik Mossière, BA, Children's Hospital of Eastern Ontario, Ottawa, ON

Wendy Spettigue, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

Mark Norris, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

3:50 **Numbers, Not Feelings: The Use of Measurement in Refining the Assessment Process**

Gisele Marcoux-Louie, MSc, Alberta Children's Hospital, Calgary, AB

Monique Jericho, MD, FRCPC, Alberta Children's Hospital, Calgary, AB

4:10 **The Value of Including Measures as Part of a Standardized Assessment Protocol**

Monique Jericho, MD, FRCPC, Alberta Children's Hospital, Calgary, AB

Gisele Marcoux-Louie, MSc, Alberta Children's Hospital, Calgary, AB

Lunenburg
Room

3:30 **Panel Discussion
Provincial Eating Disorder Treatment Networks: A Call to Action**

David J. Pilon, PhD, Capital Health, Halifax, NS

Connie B. Coniglio, EdD, RPsych, British Columbia Mental Health and Addiction Services, Vancouver, BC

Gail McVey, PhD, The Hospital For Sick Children, Community Health Systems Resource Group, Toronto, ON

Olga Heath, PhD, Memorial University, St. John's, NL

	Maritime Room	3:30	The Influence of Anorexia Nervosa on Sibling Relationships: A Qualitative Study of the Perspective of Patients While in Intensive Treatment
			<p>Gina Dimitropoulos, PhD, University Health Network, Toronto, ON</p> <p>Nicole Stonewall, BAsC, University Health Network, Toronto, ON</p> <p>Franca Placenza, PhD, University Health Network, Toronto, ON</p> <p>Renita Persaud, R BSc (Hons), University of Toronto, Toronto, ON</p>
		3:50	The Influence of Anorexia Nervosa on Sibling Relationships and Family Functioning
			<p>Gina Dimitropoulos, PhD, University Health Network, Toronto, ON</p> <p>Kaitlin Bellai, BA, University Health Network, Toronto, ON</p>
		4:10	What Siblings Think: Siblings' Experience of Multi-Family Group Therapy
			<p>Marion Rom, MSW, British Columbia Mental Health and Addiction Services, Vancouver, BC</p> <p>Kile Brokop, BA, British Columbia Mental Health and Addiction Services, Vancouver, BC</p>
6:00 – 11:00 pm	Commonwealth Ballroom B/A		Cocktail reception, lobster banquet & an evening of music -Details TBD

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<u>Time</u>	<u>Location</u>	<u>Session</u>
7:45 – 8:30 am	Commonwealth Ballroom B	Breakfast
8:30 – 10:00 am	Commonwealth Ballroom A	Keynote Address Reframing and Balancing Obesity Prevention Messaging: Implications for Research, Practice and Policy Gail McVey , PhD, The Hospital For Sick Children, Community Health Systems Resource Group, Toronto, ON
10:00 – 10:30 am	Commonwealth Ballroom B	Nutrition Break – Poster presentations on display
10:30 am – 12:00 pm		Workshop Session II
	Bedford Room	A Community-Based Approach in the Province of Quebec: An Innovative Model Josée Champagne , MSW, Anorexie et boulimie Québec, Pointe-Claire, QC Justine Thouin , MSc, Anorexie et boulimie Québec, Pointe-Claire, QC
	Harbour Suite A	Emotion-Focused Therapy: Creative Applications in the Family-Based Treatment of Eating Disorders and the Supervision of Clinicians Adele Lafrance Robinson , PhD, Laurentian University, Sudbury, ON Maria Kostakos , MA, Health Sciences North, Sudbury, ON

Sarah Robinson, MSW, Timmins and District Hospital, Timmins, ON
Joanne Dolhanty, PhD, Mount Pleasant Therapy Centre, Toronto, ON

	Lunenburg Room	<p>To Eat or Not to Eat: That is the Question. A Therapy Group for Mothers</p> <p>Margaret Bogue, MSW, The Hospital for Sick Children, Toronto, ON Leora Pinhas, MD, FRCPC, The Hospital for Sick Children, Toronto, ON Gina Dimitropoulos, PhD, University Health Network, Toronto, ON</p>
	Maritime Room	<p>Building Capacity in Eating Disorders Prevention: Addressing the Continuum of Weight-Related Disorders in British Columbia</p> <p>Mimi Hudson, MA, Family Services of the North Shore, North Vancouver, BC Connie B. Coniglio, EdD, RPsych, British Columbia Mental Health and Addiction Services, Vancouver, BC</p>
12:00 – 1:00 pm	Commonwealth Ballroom B	Lunch
1:00 – 2:30 pm		Paper Presentations II
	Harbour Suite A	<p>1:00 The Relationship Between Eating Disorders and Suicide Experiences: Results from a Nationally Representative Sample</p> <p>Christine A. Henriksen, MA, University of Manitoba, Winnipeg, MB John Walker, PhD, University of Manitoba, Winnipeg, MB James Bolton, MD, FRCPC, University of Manitoba, Winnipeg, MB Patricia Furer, PhD, University of Manitoba, Winnipeg, MB Jitender Sareen, MD, FRCPC, University of Manitoba, Winnipeg, MB</p> <p>1:20 A Randomized Wait-List Controlled Trial of Dialectical Behaviour Therapy Guided Self-Help for Binge Eating Disorder: Examining Wait-List Participants' Response to</p>

Treatment

Philip C. Masson, MSc, University of Calgary, Calgary, AB

Kristin M. von Ranson, PhD, University of Calgary, Calgary, AB

Laurel M. Wallace, MSc, University of Calgary, Calgary, AB

Debra L. Safer, MD, Stanford University, Stanford, CA, US

1:40 Response to Day Hospital Treatment in Males

D. Blake Woodside, MD, FRCPC, University Health Network,
Toronto, ON

Marion P. Olmsted, PhD, University Health Network,
Toronto, ON

Wendi Rockert, MEd, University Health Network, Toronto, ON

Harbour Suite B 1:00 Integrating “Maudsley” FBT Principles into an Inpatient Program for Youth with Eating Disorders

Wendy Spettigue, MD, Children’s Hospital of Eastern Ontario,
Ottawa, ON

Katherine Henderson, PhD, Children’s Hospital of Eastern
Ontario, Ottawa, ON

Annick Buchholz, PhD, Children’s Hospital of Eastern Ontario,
Ottawa, ON

Mark Norris, MD, Children’s Hospital of Eastern Ontario,
Ottawa, ON

Nicole Obeid, MA, Children’s Hospital of Eastern Ontario,
Ottawa, ON

1:20 Effect of Non-Select Menus on Weight and Eating Concern in Adolescents Hospitalized with Anorexia Nervosa

Jessica Cane, RD, BAsC, Children’s Hospital, London Health
Sciences Centre, London, ON

Kim Leacy, RD, OCT, BSc, BEd, Middlesex-London Health Unit,
London, ON

*Presented by Vanessa Gilmor, RD, BAsC, London Health Sciences
Centre - Victoria Hospital, London, ON

1:40 **Stress Eaters and Stress Undereaters: A Field Study**

Michael Emond, PhD, Laurentian University, Sudbury, ON

Jessica Carmichael, BA, Laurentian University, Sudbury, ON

Lunenburg
Room

1:00 **Improving the Transition from Paediatric to Adult Care
Services for Adolescents with Eating Disorders**

Alène Toulany, MD, FRCPC, The Hospital for Sick Children,
Toronto, ON

Gina Dimitropoulos, PhD, University Health Network,
Toronto, ON

Miriam Kaufman, MD, FRCPC, The Hospital for Sick Children,
Toronto, ON

Donna Samuels, RN, The Hospital for Sick Children, Toronto, ON

Joanna Anderson, MSW, The Hospital for Sick Children,
Toronto, ON

Tania Turrini, RD, The Hospital for Sick Children, Toronto, ON

Patricia Colton, MD, FRCPC, University Health Network,
Toronto, ON

Cathleen Steinegger, MD, The Hospital for Sick Children,
Toronto, ON

1:20 **Predictors of Refractory Eating Disorders in a Clinical
Sample of Adolescents**

Nicole Obeid, MA, Children's Hospital of Eastern Ontario,
Ottawa, ON

Katherine Henderson, PhD, Children's Hospital of Eastern
Ontario, Ottawa, ON

Mark Norris, MD, Children's Hospital of Eastern Ontario,
Ottawa, ON

Danijela Maras, BSc, Children's Hospital of Eastern Ontario,
Ottawa, ON

Wendy Spettigue, MD, Children's Hospital of Eastern Ontario,

Ottawa, ON

1:40 **Short-Term Outcomes of a Day Treatment Program for Youth with Eating Disorders**

Katherine Henderson, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON

Nicole Obeid, MA, Children's Hospital of Eastern Ontario, Ottawa, ON

Annick Buchholz, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON

Wendy Spettigue, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

Mark Norris, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

Megan Harrison, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

Steve Feder, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

Annik Mossière, BA, Children's Hospital of Eastern Ontario, Ottawa, ON

Danijela Maras, BSc, Children's Hospital of Eastern Ontario, Ottawa, ON

Maritime Room 1:00 **r-TMS in Bulimia Nervosa and Anorexia Nervosa: Preliminary Results from a Pilot Trial**

Jonathan Downar, MD, FRCPC, University Health Network, Toronto, ON

Patricia Colton, MD, FRCPC, University Health Network, Toronto, ON

Marion P. Olmsted, PhD, University Health Network, Toronto, ON

D. Blake Woodside, MD, FRCPC, University Health Network, Toronto, ON

1:20 **Seeing is Believing: Can a Naturalistic Visual Scanning Approach to Selective Attention in Anorexia Nervosa Help with Diagnosis?**

Anna Chen, MD, FRCPC, The Hospital for Sick Children, Toronto, ON

Leora Pinhas, MD, FRCPC, The Hospital for Sick Children, Toronto, ON

Kai-Ho Fok, BAsC, University of Toronto, Toronto, ON

Reva Schachter, MSc, The Hospital for Sick Children, Toronto, ON

Eileen Lam, BEd, The Hospital for Sick Children, Toronto, ON

Moshe Eizenman, PhD, University of Toronto, Toronto, ON

1:40 **Correlating Mid Upper Arm Circumference (MUAC) with Weight Gain and Physical Recovery in Female Adolescents with Eating Disorders**

Peiyoong Lam, MD, FRACP, British Columbia Children's Hospital, Vancouver, BC

Jadine Cairns, MSc, British Columbia Children's Hospital, Vancouver, BC

Lily Farris, British Columbia Children's Hospital, Vancouver, BC

Sheila Marshall, PhD, British Columbia Children's Hospital, Vancouver, BC

2:00 – 2:30 pm	Commonwealth Ballroom B	Nutrition Break – Poster presentations on display
2:30 – 4:00 pm		Workshop Session III
	Bedford Room	Improving Access, Quality and Safety: Implementing LEAN Methodology in Specialized Child and Adolescent Eating Disorder Services at BC Children's Hospital

Connie B. Coniglio, EdD, RPsych, British Columbia Mental Health and

Addiction Services, Vancouver, BC

Tom Bauslaugh, MA, British Columbia Mental Health and Addiction Services, Vancouver, BC

	Harbour Suite A	Cognitive Behavior Therapy and Acceptance and Commitment Therapy: Interventions to Address Body Image Concerns with Eating Disordered Clients Valarie Bittner , MA, Westwind Eating Disorder Recovery Centre, Brandon, MB
	Harbour Suite B	Parental Challenges in Supporting Treatment and Recovery in Adolescent Eating Disorders: The Development of Strength-Based Approaches to Unify Parents and Professionals Patricia Fergusson , PhD, Health Sciences Centre, Winnipeg, MB Margo Lane , MD, FRCPC, Health Sciences Centre, Winnipeg, MB Eric Vickar , MD, FRCPC, Health Sciences Centre, Winnipeg, MB
	Maritime Room	Transition Age Youth with Eating Disorders: Clinical Guidelines and Interventions for Effectively Working with Emerging Adults and Their Families in Various Settings Gina Dimitropoulos , PhD, University Health Network, Toronto, ON Alène Toulany , MD, FRCPC, The Hospital for Sick Children, Toronto, ON Miriam Kaufman , MD, FRCPC, The Hospital for Sick Children, Toronto, ON Patricia Colton , MD, FRCPC, University Health Network, Toronto, ON Cathleen Steinegger , MD, The Hospital for Sick Children, Toronto, ON Donna Samuels , RN, The Hospital for Sick Children, Toronto, ON Joanna Anderson , MSW, Sheena's Place, Toronto, ON
4:00 – 4:30 pm	Commonwealth Ballroom A	EDAC-ATAC Annual Meeting Closing Remarks and Awards Dr. David Pilon , Capital Health, EDAC-ATAC President



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Posters

1. Does Maudsley Family-Based Therapy Enhance the Weight Gain of Children with Anorexia Nervosa?

Joanne Gusella, PhD, IWK Health Centre, Halifax, NS

Anna Campbell, PhD, IWK Health Centre, Halifax, NS

Stephanie Casey, MD, FRCPC, IWK Health Centre, Halifax, NS

Lisa Parkinson McGraw, PDt, IWK Health Centre, Halifax, NS

Tara White, MSW, IWK Health Centre, Halifax, NS

2. Evaluation of a Nutritional Rehabilitation Protocol in Hospitalized Adolescents with Restrictive Eating Disorders

Anick Leclerc, RD, BSc, The Hospital for Sick Children, Toronto, ON

Kelly Sherwood, RD, MSc, The Hospital for Sick Children, Toronto, ON

Tania Turrini, RD, BSc, The Hospital for Sick Children, Toronto, ON

Debra K. Katzman, MD, FRCPC, The Hospital for Sick Children, Toronto, ON

3. University Students' Perceptions of an On-Campus Peer Health Program for Fostering Positive Body Image and Self-Esteem

Athena N. Dumont, Brock University, St. Catharines, ON

Kimberley L. Gammage, PhD, Brock University, St. Catharines, ON

Kyle Horvath, BA (Honors) in Psychology, Brock University, St. Catharines, ON

Deborah Wilkes-Whitehall, MD, FCFP, Niagara Health System, Port Colborne, ON

Melodie Shick-Porter, RN, BAcn, Brock University, St. Catharines, ON

4. Body Weight as a Prognostic Factor for Day Hospital Success in Adolescents with Anorexia Nervosa

Michelle Ngo, MD, FRCPC, London Health Sciences Centre – Children's Hospital, London, ON

Leanna Isserlin, MD, FRCPC, London Health Sciences Centre – Children's Hospital, London, ON

5. **The Connection with Asperger's Syndrome-Genetic Loading, Eating Disorders and Sensory Integration Disorders with Implications for Therapy** (unpublished)

Paula Shapiro, BA, MS Ed, Niagara Health System, Port Colborne, ON

Deborah Wilkes-Whitehall, MD, FCFP, Niagara Health System, Port Colborne, ON

6. **Eating Patterns in Response to Different Stressors: A Laboratory Study**

Stacey Kosmerly, BA, Laurentian University, Sudbury, ON

Adele Robinson, PhD, Laurentian University, Sudbury, ON

Michael Emond, PhD, Laurentian University, Sudbury, ON

Sherry Van Blyderveen, PhD, McMaster's Children's Hospital, Hamilton, ON

7. **Working Alliance, Post-Session Changes and Emotion Dysregulation in Group Treatment for Eating Disorders**

Iryna Ivanova, MA, University of Toronto, Toronto, ON

Jeanne C. Watson, PhD, University of Toronto, Toronto, ON

Joanne Dolhanty, PhD, Credit Valley Hospital, Mississauga, ON

8. **The Contribution of Self-Compassion to Eating Disorder Cognitions**

Cara Dunkley, BA, St. Paul's Hospital, Vancouver, BC

Josie Geller, PhD, University of British Columbia, Vancouver, BC

9. **The HOPE Program Pilot Project: Supporting Clients Who Are Ambivalent About Change**

Melody Sorenson, MSc, Memorial University, St. John's, NL