

eat  
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EDAC-ATAC  
2012 CONFERENCE  
OCTOBER 11-12, 2012



## Conference Program

October 11, 2012

<u>Time</u>	<u>Location</u>	<u>Session</u>
7:30 am	Commonwealth Foyer	<b>Registration Begins</b>
7:45 – 8:30 am	Commonwealth Ballroom B	<b>Breakfast</b>
8:30 – 8:45 am	Commonwealth Ballroom A	<b>Welcome</b>  <b>David J. Pilon, PhD, Capital Health, EDAC – ATAC President, Halifax, NS</b>
8:45 – 9:00 am	Commonwealth Ballroom A	<b>Opening Remarks</b> <b>Mindfulness and Mental Health</b>  <b>TBD</b>
9:00 – 10:30 am	Commonwealth Ballroom A	<b>Keynote Address</b> <b>Collaboration in care: Sharing skills and mobilizing motivation</b>  <b>Janet Treasure, PhD, FRCP, FRCPsych, South London &amp; Maudsley National Health Service Trust, London, UK</b>
10:30 – 11:00 am	Commonwealth Ballroom B	<b>Nutrition Break – Poster presentations on display</b>
11:00 am – 12:30 pm		<b>Workshop Session I</b>
	Bedford Room	<b>When Families Are Supported: There is Improved Hope for Coping with and Recovering from an Eating Disorder</b>

**Patricia Nash, M ED**, Eating Disorder Foundation of Newfoundland and Labrador, St. John's, NL

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Harbour Suite A	<b>Physical Activity and Eating Disorders Through the Life Spectrum: A Current and Comprehensive Look at Physiotherapy Approach in the Management of Physical Activity and Musculoskeletal Complications in Adolescents and Adults with Eating Disorders</b>  <b>Andrea Hann, BScPT</b> , Eastern Health, St. John's, NL <b>Lisa Scott, BScPT, BEd</b> , McMaster Children's Hospital, Hamilton, ON
Harbour Suite B	<b>Teaching Parents the Necessary Skills of Family-Based Therapy (FBT) and Meal Support: A Skills Workshop for Parents Who Are Beginning Family-Based Treatment at BC Children's Hospital</b>  <b>Bertrand Wicholas, MD</b> , British Columbia Children's Hospital, Vancouver, BC <b>Tom Bauslaugh, MA</b> , British Columbia Children's Hospital, Vancouver, BC
Lunenburg Room	<b>Multi-Family Therapy for Adolescents and Adults with Eating Disorders: An Innovative Treatment for Working with Young People and their Families Across the Lifespan</b>  <b>Gina Dimitropoulos, PhD</b> , University Health Network, Toronto, ON <b>Sheila Bjarnason, MSW</b> , The Hospital for Sick Children, Toronto, ON <b>Leora Pinhas, MD, FRCPC</b> , The Hospital for Sick Children, Toronto, ON
Maritime Room	<b>Exploring the Possibilities: Developing Pan-Canadian Best Practice Guidelines for Involuntary Admission and Treatment of Eating Disorders</b>  <b>Olga Heath, PhD</b> , Memorial University, St. John's, NL <b>Tanis Adey, MD</b> , Memorial University, St. John's, NL <b>Pamela Ward, PhD</b> , Eastern Health, St. John's, NL <b>Denise English, MN</b> , Eastern Health, St. John's, NL

**Joanne Simms, MN**, Eastern Health, St. John's, NL  
**Anna Dominic, MD**, Memorial University, St. John's, NL  
**Kelly Maloney, MSc**, Eastern Health, St. John's, NL  
**Susan Pardy, PhD**, Eastern Health, St. John's, NL

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12:30 – 1:30 pm	Commonwealth Ballroom B	<b>Lunch</b>
1:30 – 3:00 pm	Commonwealth Ballroom A	<b>Plenary Session</b> Public Screening of Film <b><i>No Numbers: Identity Beyond Measure</i></b> followed by Panel Discussion about issues raised within film  Filmmaker, <b>Dena Ashbaugh</b> , treatment providers, clients, family members
3:00 – 3:30 pm	Commonwealth Ballroom B	<b>Nutrition Break</b> – Poster presentations on display
3:30 – 4:30 pm	<b>Paper Presentations I</b>	
Bedford Room	3:30	<b>Peer Coaching: Engaging in a Relationship Beyond ED</b>  <b>Elizabeth Phoenix, MScN, APN, CPMHN(C)</b> , London Health Sciences Centre – Victoria Hospital, London, ON <b>Vanessa Gilmor, RD, BASc</b> , London Health Sciences Centre – Victoria Hospital, London, ON
	3:50	<b>Eating Disorders: An Interdisciplinary Model of Care</b>  <b>Julia Raudzus, MD, FRCPC</b> , St. Paul's Hospital, Vancouver, BC <b>Grant Millar, MD, FRCPC</b> , St. Paul's Hospital, Vancouver, BC <b>Jane McKay, MD, FRCPC</b> , St. Paul's Hospital, Vancouver, BC
	4:10	<b>Building Interprofessional Community Capacity for Eating Disorder Care: Results from a Provincial Workshop in</b>

## **Newfoundland and Labrador, Canada**

**Olga Heath**, PhD, Memorial University, St. John's, NL

**Joanne Simms**, MN, Eastern Health, St. John's, NL

**Pamela Ward**, PhD, Eastern Health, St. John's, NL

**Denise English**, MN, Eastern Health, St. John's, NL

**Tanis Adey**, MD, Memorial University, St. John's, NL

**Anna Dominic**, MD, Memorial University, St. John's, NL

**Kelly Maloney**, MSc, Eastern Health, St. John's, NL

**Susan Pardy**, PhD, Eastern Health, St. John's, NL

**Barbara Young**, MSc, Memorial University, St. John's, NL

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Harbour Suite A 3:30 **Factitious Disorder or Eating Disorder? An Argument for Underscoring the Sick Role**

**Aaron Keshen**, MD, FRCPC, Capital Health, Halifax, NS

3:50 **Psychological Correlates of Body Dissatisfaction in Children Under 12 Years Old**

**Annie Aimé**, PhD, Université du Québec en Outaouais, Saint-Jérôme, QC

4:10 **Trouble de déficit de l'attention/hyperactivité (TDAH) et troubles des conduites alimentaires (TCA)**

**Pierre-Olivier Nadeau**, MD, Hôpital Ste-Justine, Montréal, QC

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Harbour Suite B 3:30 **Outcomes of Intensive Pediatric Eating Disorder Treatment Programs Using a Clinician-Rated Measure**

**Katherine Henderson**, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON

**Nicole Obeid**, MA, Children's Hospital of Eastern Ontario, Ottawa, ON

**Maeghan C.Y. Fu**, Carleton University, Ottawa, ON  
**Danijela Maras**, BSc, Children's Hospital of Eastern Ontario, Ottawa, ON  
**Annik Mossière**, BA, Children's Hospital of Eastern Ontario, Ottawa, ON  
**Wendy Spettigue**, MD, Children's Hospital of Eastern Ontario, Ottawa, ON  
**Mark Norris**, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

3:50 **Numbers, Not Feelings: The Use of Measurement in Refining the Assessment Process**

**Gisele Marcoux-Louie**, MSc, Alberta Children's Hospital, Calgary, AB  
**Monique Jericho**, MD, FRCPC, Alberta Children's Hospital, Calgary, AB

4:10 **The Value of Including Measures as Part of a Standardized Assessment Protocol**

**Monique Jericho**, MD, FRCPC, Alberta Children's Hospital, Calgary, AB  
**Gisele Marcoux-Louie**, MSc, Alberta Children's Hospital, Calgary, AB

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Lunenburg  
Room

3:30 **Panel Discussion**  
**Provincial Eating Disorder Treatment Networks: A Call to Action**

**David J. Pilon**, PhD, Capital Health, Halifax, NS  
**Connie B. Coniglio**, EdD, RPsych, British Columbia Mental Health and Addiction Services, Vancouver, BC  
**Gail McVey**, PhD, The Hospital For Sick Children, Community Health Systems Resource Group, Toronto, ON  
**Olga Heath**, PhD, Memorial University, St. John's, NL

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Maritime Room	3:30	<b>The Influence of Anorexia Nervosa on Sibling Relationships: A Qualitative Study of the Perspective of Patients While in Intensive Treatment</b>  <b>Gina Dimitropoulos</b> , PhD, University Health Network, Toronto, ON <b>Nicole Stonewall</b> , BSc, University Health Network, Toronto, ON <b>Franca Placenza</b> , PhD, University Health Network, Toronto, ON <b>Renita Persaud</b> , R BSc (Hons), University of Toronto, Toronto, ON
	3:50	<b>The Influence of Anorexia Nervosa on Sibling Relationships and Family Functioning</b>  <b>Gina Dimitropoulos</b> , PhD, University Health Network, Toronto, ON <b>Kaitlin Bellai</b> , BA, University Health Network, Toronto, ON
	4:10	<b>What Siblings Think: Siblings' Experience of Multi-Family Group Therapy</b>  <b>Marion Rom</b> , MSW, British Columbia Mental Health and Addiction Services, Vancouver, BC <b>Kile Brokop</b> , BA, British Columbia Mental Health and Addiction Services, Vancouver, BC

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6:00 – 11:00 pm      Commonwealth Ballroom B/A      **Cocktail reception, lobster banquet & an evening of music**

-Details TBD

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## Conference Program

October 12, 2012

<u>Time</u>	<u>Location</u>	<u>Session</u>
7:45 – 8:30 am	Commonwealth Ballroom B	<b>Breakfast</b>
8:30 – 10:00 am	Commonwealth Ballroom A	<b>Keynote Address</b> <b>Reframing and Balancing Obesity Prevention Messaging: Implications for Research, Practice and Policy</b>  <b>Gail McVey</b> , PhD, The Hospital For Sick Children, Community Health Systems Resource Group, Toronto, ON
10:00 – 10:30 am	Commonwealth Ballroom B	<b>Nutrition Break</b> – Poster presentations on display
10:30 am – 12:00 pm		<b>Workshop Session II</b>
	Bedford Room	<b>A Community-Based Approach in the Province of Quebec: An Innovative Model</b>  <b>Josée Champagne</b> , MSW, Anorexie et boulimie Québec, Pointe-Claire, QC <b>Justine Thouin</b> , MSc, Anorexie et boulimie Québec, Pointe-Claire, QC
	Harbour Suite A	<b>Emotion-Focused Therapy: Creative Applications in the Family-Based Treatment of Eating Disorders and the Supervision of Clinicians</b>  <b>Adele Lafrance Robinson</b> , PhD, Laurentian University, Sudbury, ON <b>Maria Kostakos</b> , MA, Health Sciences North, Sudbury, ON

**Sarah Robinson**, MSW, Timmins and District Hospital, Timmins, ON  
**Joanne Dolhanty**, PhD, Mount Pleasant Therapy Centre, Toronto, ON

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	Lunenburg Room	<b>To Eat or Not to Eat: That is the Question. A Therapy Group for Mothers</b>  <b>Margaret Bogue</b> , MSW, The Hospital for Sick Children, Toronto, ON <b>Leora Pinhas</b> , MD, FRCPC, The Hospital for Sick Children, Toronto, ON <b>Gina Dimitropoulos</b> , PhD, University Health Network, Toronto, ON
	Maritime Room	<b>Building Capacity in Eating Disorders Prevention: Addressing the Continuum of Weight-Related Disorders in British Columbia</b>  <b>Mimi Hudson</b> , MA, Family Services of the North Shore, North Vancouver, BC <b>Connie B. Coniglio</b> , EdD, RPsych, British Columbia Mental Health and Addiction Services, Vancouver, BC
12:00 – 1:00 pm	Commonwealth Ballroom B	<b>Lunch</b>
1:00 – 2:30 pm		<b>Paper Presentations II</b>
	Harbour Suite A	1:00 <b>The Relationship Between Eating Disorders and Suicide Experiences: Results from a Nationally Representative Sample</b>  <b>Christine A. Henriksen</b> , MA, University of Manitoba, Winnipeg, MB <b>John Walker</b> , PhD, University of Manitoba, Winnipeg, MB <b>James Bolton</b> , MD, FRCPC, University of Manitoba, Winnipeg, MB <b>Patricia Furur</b> , PhD, University of Manitoba, Winnipeg, MB <b>Jitender Sareen</b> , MD, FRCPC, University of Manitoba, Winnipeg, MB
		1:20 <b>A Randomized Wait-List Controlled Trial of Dialectical Behaviour Therapy Guided Self-Help for Binge Eating Disorder: Examining Wait-List Participants' Response to</b>

## Treatment

**Philip C. Masson**, MSc, University of Calgary, Calgary, AB

**Kristin M. von Ranson**, PhD, University of Calgary, Calgary, AB

**Laurel M. Wallace**, MSc, University of Calgary, Calgary, AB

**Debra L. Safer**, MD, Stanford University, Stanford, CA, US

### 1:40 **Response to Day Hospital Treatment in Males**

**D. Blake Woodside**, MD, FRCPC, University Health Network, Toronto, ON

**Marion P. Olmsted**, PhD, University Health Network, Toronto, ON

**Wendi Rockert**, MEd, University Health Network, Toronto, ON

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Harbour Suite B 1:00 **Integrating “Maudsley” FBT Principles into an Inpatient Program for Youth with Eating Disorders**

**Wendy Spettigue**, MD, Children’s Hospital of Eastern Ontario, Ottawa, ON

**Katherine Henderson**, PhD, Children’s Hospital of Eastern Ontario, Ottawa, ON

**Annick Buchholz**, PhD, Children’s Hospital of Eastern Ontario, Ottawa, ON

**Mark Norris**, MD, Children’s Hospital of Eastern Ontario, Ottawa, ON

**Nicole Obeid**, MA, Children’s Hospital of Eastern Ontario, Ottawa, ON

### 1:20 **Effect of Non-Select Menus on Weight and Eating Concern in Adolescents Hospitalized with Anorexia Nervosa**

**Jessica Cane**, RD, BASc, Children’s Hospital, London Health Sciences Centre, London, ON

**Kim Leacy**, RD, OCT, BSc, BEd, Middlesex-London Health Unit, London, ON

\*Presented by Vanessa Gilmor, RD, BASc, London Health Sciences Centre - Victoria Hospital, London, ON

1:40 **Stress Eaters and Stress Undereaters: A Field Study**

**Michael Emond**, PhD, Laurentian University, Sudbury, ON  
**Jessica Carmichael**, BA, Laurentian University, Sudbury, ON

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Lunenburg Room	1:00	<b>Improving the Transition from Paediatric to Adult Care Services for Adolescents with Eating Disorders</b>
		<b>Alène Toulany</b> , MD, FRCPC, The Hospital for Sick Children, Toronto, ON
		<b>Gina Dimitropoulos</b> , PhD, University Health Network, Toronto, ON
		<b>Miriam Kaufman</b> , MD, FRCPC, The Hospital for Sick Children, Toronto, ON
		<b>Donna Samuels</b> , RN, The Hospital for Sick Children, Toronto, ON
		<b>Joanna Anderson</b> , MSW, The Hospital for Sick Children, Toronto, ON
		<b>Tania Turrini</b> , RD, The Hospital for Sick Children, Toronto, ON
		<b>Patricia Colton</b> , MD, FRCPC, University Health Network, Toronto, ON
		<b>Cathleen Steinegger</b> , MD, The Hospital for Sick Children, Toronto, ON
	1:20	<b>Predictors of Refractory Eating Disorders in a Clinical Sample of Adolescents</b>
		<b>Nicole Obeid</b> , MA, Children's Hospital of Eastern Ontario, Ottawa, ON
		<b>Katherine Henderson</b> , PhD, Children's Hospital of Eastern Ontario, Ottawa, ON
		<b>Mark Norris</b> , MD, Children's Hospital of Eastern Ontario, Ottawa, ON
		<b>Danijela Maras</b> , BSc, Children's Hospital of Eastern Ontario, Ottawa, ON
		<b>Wendy Spettigue</b> , MD, Children's Hospital of Eastern Ontario,

Ottawa, ON

1:40 **Short-Term Outcomes of a Day Treatment Program for Youth with Eating Disorders**

**Katherine Henderson**, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON

**Nicole Obeid**, MA, Children's Hospital of Eastern Ontario, Ottawa, ON

**Annick Buchholz**, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON

**Wendy Spettigue**, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

**Mark Norris**, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

**Megan Harrison**, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

**Steve Feder**, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

**Annik Mossière**, BA, Children's Hospital of Eastern Ontario, Ottawa, ON

**Danijela Maras**, BSc, Children's Hospital of Eastern Ontario, Ottawa, ON

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Maritime Room 1:00 **r-TMS in Bulimia Nervosa and Anorexia Nervosa: Preliminary Results from a Pilot Trial**

**Jonathan Downar**, MD, FRCPC, University Health Network, Toronto, ON

**Patricia Colton**, MD, FRCPC, University Health Network, Toronto, ON

**Marion P. Olmsted**, PhD, University Health Network, Toronto, ON

**D. Blake Woodside**, MD, FRCPC, University Health Network, Toronto, ON

1:20 **Seeing is Believing: Can a Naturalistic Visual Scanning Approach to Selective Attention in Anorexia Nervosa Help with Diagnosis?**

**Anna Chen**, MD, FRCPC, The Hospital for Sick Children, Toronto, ON

**Leora Pinhas**, MD, FRCPC, The Hospital for Sick Children, Toronto, ON

**Kai-Ho Fok**, BASc, University of Toronto, Toronto, ON

**Reva Schachter**, MSc, The Hospital for Sick Children, Toronto, ON

**Eileen Lam**, BEd, The Hospital for Sick Children, Toronto, ON

**Moshe Eizenman**, PhD, University of Toronto, Toronto, ON

## 1:40 Correlating Mid Upper Arm Circumference (MUAC) with Weight Gain and Physical Recovery in Female Adolescents with Eating Disorders

**Peiyoong Lam, MD, FRACP, British Columbia Children's Hospital, Vancouver, BC**

**Jadine Cairns, MSc, British Columbia Children's Hospital,  
Vancouver, BC**

**Lily Farris**, British Columbia Children's Hospital, Vancouver, BC  
**Sheila Marshall**, PhD, British Columbia Children's Hospital,  
Vancouver, BC

2:00 – 2:30 pm	Commonwealth Ballroom B	<b>Nutrition Break</b> – Poster presentations on display
2:30 – 4:00 pm		<b>Workshop Session III</b>
	Bedford Room	<b>Improving Access, Quality and Safety: Implementing LEAN Methodology in Specialized Child and Adolescent Eating Disorder Services at BC Children's Hospital</b>

Addiction Services, Vancouver, BC

**Tom Bauslaugh, MA**, British Columbia Mental Health and Addiction Services, Vancouver, BC

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Harbour Suite A **Cognitive Behavior Therapy and Acceptance and Commitment Therapy: Interventions to Address Body Image Concerns with Eating Disordered Clients**

**Valarie Bittner, MA**, Westwind Eating Disorder Recovery Centre, Brandon, MB

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Harbour Suite B **Parental Challenges in Supporting Treatment and Recovery in Adolescent Eating Disorders: The Development of Strength-Based Approaches to Unify Parents and Professionals**

**Patricia Fergusson, PhD**, Health Sciences Centre, Winnipeg, MB

**Margo Lane, MD, FRCPC**, Health Sciences Centre, Winnipeg, MB

**Eric Vickar, MD, FRCPC**, Health Sciences Centre, Winnipeg, MB

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Maritime Room **Transition Age Youth with Eating Disorders: Clinical Guidelines and Interventions for Effectively Working with Emerging Adults and Their Families in Various Settings**

**Gina Dimitropoulos, PhD**, University Health Network, Toronto, ON

**Alène Toulany, MD, FRCPC**, The Hospital for Sick Children, Toronto, ON

**Miriam Kaufman, MD, FRCPC**, The Hospital for Sick Children, Toronto, ON

**Patricia Colton, MD, FRCPC**, University Health Network, Toronto, ON

**Cathleen Steinegger, MD**, The Hospital for Sick Children, Toronto, ON

**Donna Samuels, RN**, The Hospital for Sick Children, Toronto, ON

**Joanna Anderson, MSW**, Sheena's Place, Toronto, ON

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4:00 – 4:30 pm

Commonwealth  
Ballroom A

**EDAC-ATAC Annual Meeting  
Closing Remarks and Awards**

**Dr. David Pilon**, Capital Health, EDAC-ATAC President



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## Posters

### 1. Does Maudsley Family-Based Therapy Enhance the Weight Gain of Children with Anorexia Nervosa?

**Joanne Gusella**, PhD, IWK Health Centre, Halifax, NS

**Anna Campbell**, PhD, IWK Health Centre, Halifax, NS

**Stephanie Casey**, MD, FRCPC, IWK Health Centre, Halifax, NS

**Lisa Parkinson McGraw**, PDT, IWK Health Centre, Halifax, NS

**Tara White**, MSW, IWK Health Centre, Halifax, NS

### 2. Evaluation of a Nutritional Rehabilitation Protocol in Hospitalized Adolescents with Restrictive Eating Disorders

**Anick Leclerc**, RD, BSc, The Hospital for Sick Children, Toronto, ON

**Kelly Sherwood**, RD, MSc, The Hospital for Sick Children, Toronto, ON

**Tania Turrini**, RD, BSc, The Hospital for Sick Children, Toronto, ON

**Debra K. Katzman**, MD, FRCPC, The Hospital for Sick Children, Toronto, ON

### 3. University Students' Perceptions of an On-Campus Peer Health Program for Fostering Positive Body Image and Self-Esteem

**Athena N. Dumont**, Brock University, St. Catharines, ON

**Kimberley L. Gammage**, PhD, Brock University, St. Catharines, ON

**Kyle Horvath**, BA (Honors) in Psychology, Brock University, St. Catharines, ON

**Deborah Wilkes-Whitehall**, MD, FCFP, Niagara Health System, Port Colborne, ON

**Melodie Shick-Porter**, RN, BAcn, Brock University, St. Catharines, ON

### 4. Body Weight as a Prognostic Factor for Day Hospital Success in Adolescents with Anorexia Nervosa

**Michelle Ngo**, MD, FRCPC, London Health Sciences Centre – Children's Hospital, London, ON

**Leanna Isserlin**, MD, FRCPC, London Health Sciences Centre – Children's Hospital, London, ON

5. **The Connection with Asperger's Syndrome-Genetic Loading, Eating Disorders and Sensory Integration Disorders with Implications for Therapy** (unpublished)

**Paula Shapiro**, BA, MS Ed, Niagara Health System, Port Colborne, ON

**Deborah Wilkes-Whitehall**, MD, FCFP, Niagara Health System, Port Colborne, ON

6. **Eating Patterns in Response to Different Stressors: A Laboratory Study**

**Stacey Kosmerly**, BA, Laurentian University, Sudbury, ON

**Adele Robinson**, PhD, Laurentian University, Sudbury, ON

**Michael Emond**, PhD, Laurentian University, Sudbury, ON

**Sherry Van Blyderveen**, PhD, McMaster's Children's Hospital, Hamilton, ON

7. **Working Alliance, Post-Session Changes and Emotion Dysregulation in Group Treatment for Eating Disorders**

**Iryna Ivanova**, MA, University of Toronto, Toronto, ON

**Jeanne C. Watson**, PhD, University of Toronto, Toronto, ON

**Joanne Dolhanty**, PhD, Credit Valley Hospital, Mississauga, ON

8. **The Contribution of Self-Compassion to Eating Disorder Cognitions**

**Cara Dunkley**, BA, St. Paul's Hospital, Vancouver, BC

**Josie Geller**, PhD, University of British Columbia, Vancouver, BC

9. **The HOPE Program Pilot Project: Supporting Clients Who Are Ambivalent About Change**

**Melody Sorenson**, MSc, Memorial University, St. John's, NL