

Building Interprofessional Community Capacity for Eating Disorder Care: Results from A Provincial Workshop in Newfoundland and Labrador

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Disclosures




No disclosures




Learning Objectives

- Provide a brief overview of the Eating Disorders Interprofessional Community Capacity Building Project (EDICCB) and partnerships
- Discuss the EDICCB project results
- Explain the aspects of the project designed to increase likelihood of practice change




Why Did We Develop EDICCB?

- Gaps in ED services and resources, particularly in rural areas
- Recognition that specialty programs are unable to meet all ED needs
- Recognition that professionals other than specialists can provide effective intervention
- Need for access to continuing education and support



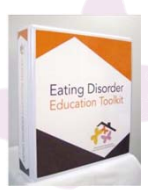
Program Highlights

- Two day interprofessional workshop (implemented across the province by an interprofessional team with expertise)
- Resources
 - Workshop and Toolkit covered continuum of eating disorder management and importance of collaborative care
 - Tool 1: Prevention
 - Tool 2: Identification
 - Tool 3: Early Intervention
 - Tool 4: Referral
 - Tool 5: Follow-up (relapse prevention)
 - Tool 6: Interprofessional Care



Program Highlights (cont'd)

- Additional Resources:
 - Resource binders for each participant
 - Web-based resources
 - Public education poster



Program Innovations

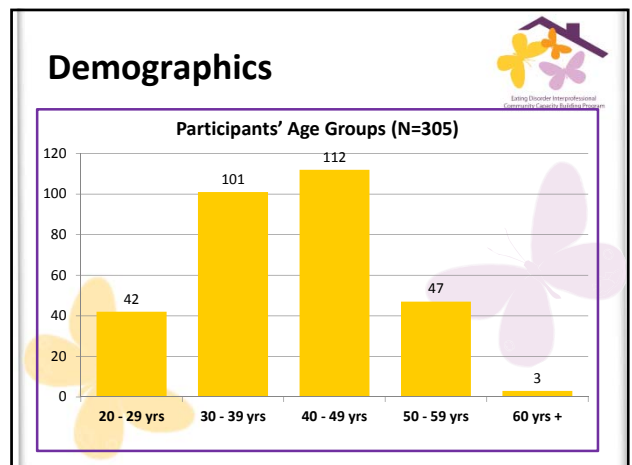
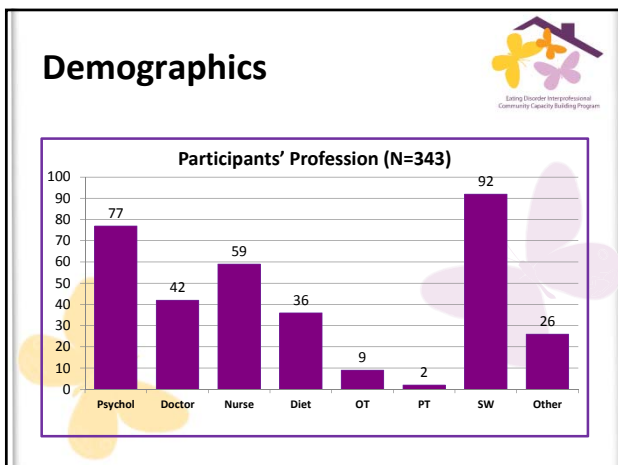
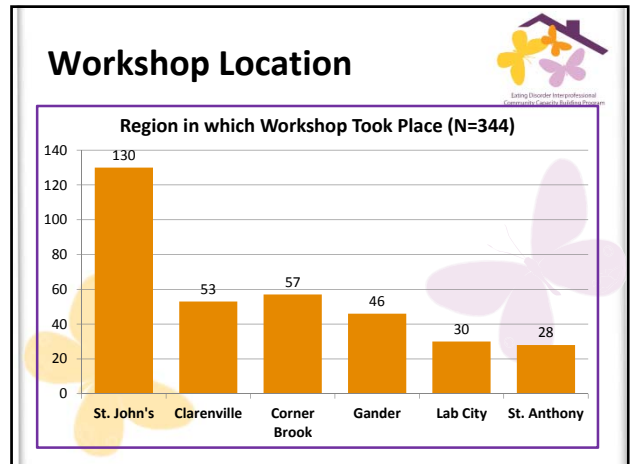
- Early and on-going involvement of clients and families
- Professional students involved in development of learning resources
- Team developed scripts and acted in more than 30 vignettes
- Encompassed the continuum of service delivery from prevention to follow-up care

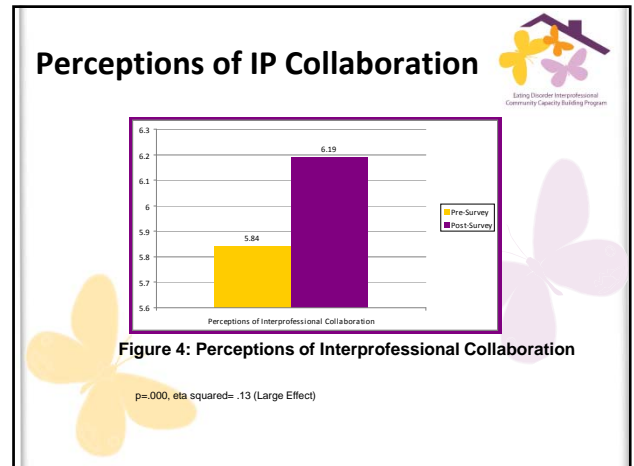
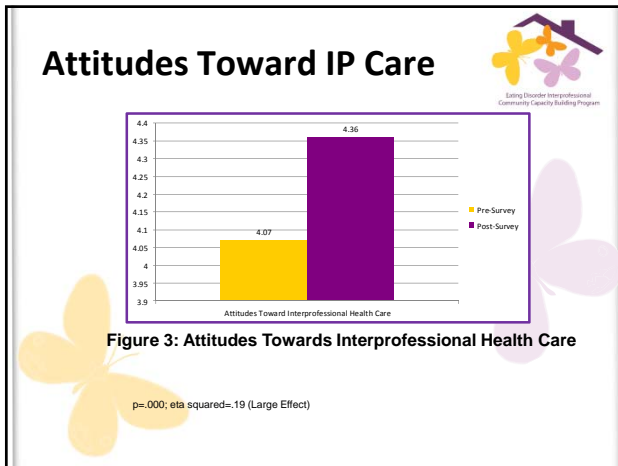
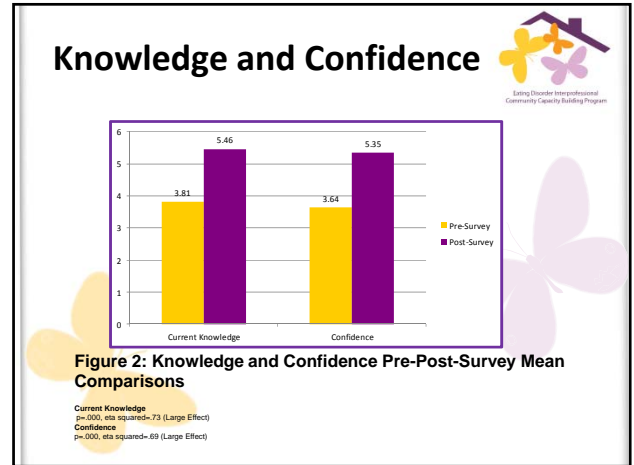
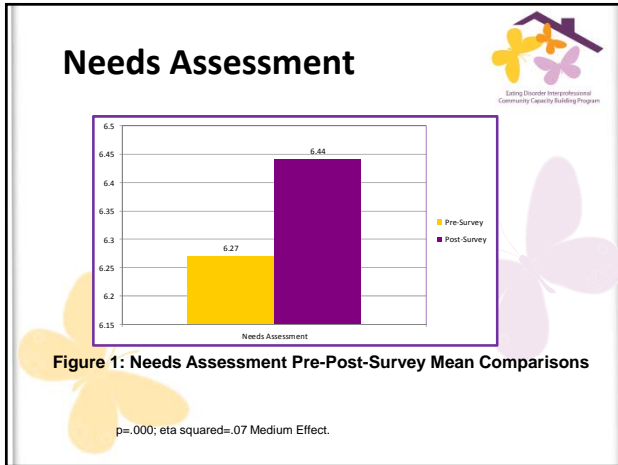
Program Innovations

- Development of Community Facilitation Groups (CFGs) to serve as 'champions' in each region
- Public information night and media coverage during workshop to empower community members
- On-going post workshop consultation (bi-monthly teleconference) between EDICCB team and workshop participants

Results

- Program Evaluation:
 - Mixed methods
 - Surveys
 - Pre/post workshop, six month follow-up
 - Focus groups and interviews
 - 12 month follow-up





Practice Change Plans

| Themes | Number | Percentage |
|---|--------|------------|
| Collaborating more with other professionals/ Peer education | 79 | 43.6% |
| Being more aware/knowledgeable of available resources, and referring clients to these resources, being more confident in making referrals | 22 | 12.2% |
| Extending support to families, groups, youth | 28 | 15.5% |
| Using workshop tools more – modules and resources | 22 | 12.2% |
| Closer screening or assessment / Early detection of EDs | 32 | 17.7% |
| Being more aware or sensitive to EDs / Raising awareness/ Self-education about EDs | 30 | 16.6% |
| Connecting with schools | 8 | 4.42% |
| Prevention/ Health promotion focus | 11 | 6.08% |
| No decision made/ Already doing most of these things/ No changes at this time/ Don't have many patients with EDs/ | 3 | 1.66% |

Questions?

Acknowledgements



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- Eating Disorder Foundation of Newfoundland and Labrador
- Government of Newfoundland and Labrador, Department of Health and Community Services
- Body Image Network

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