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Eating Disorders
Association of Canada

Association des Troubles
Alimentaires du Canada

Conference Program

Wednesday, October 10, 2012

7:00 – 9:00 pm

Maritime Room



Public Screening of Film *No Numbers: Identity Beyond Measure* followed by a Panel Discussion about issues raised within the film, and reception.

Filmmaker, **Dena Ashbaugh**, treatment providers, clients, family members

Thursday, October 11, 2012

7:30 am

Registration Begins

Commonwealth Foyer

7:45 – 8:30 am

Breakfast

Commonwealth Ballroom B

8:30 – 8:45 am

Welcome and Opening Remarks

Commonwealth Ballroom A

David J. Pilon, PhD, Capital Health, EDAC – ATAC President, Halifax, NS

8:45 – 9:00 am

A Mindful Moment

Commonwealth Ballroom A

Joanne Bihar, PhD

9:00 am – 10:30 am

Keynote Address

Commonwealth Ballroom A



Collaboration in care: Sharing skills and mobilizing motivation

Janet Treasure, PhD, FRCP, FRCPsych, South London & Maudsley National Health Service Trust, London, UK

10:30 – 11:00 am

Nutrition Break

Commonwealth Ballroom B

Poster Presentations on Display

11:00 am – 12:30 pm

Workshop Session I

A. When Families Are Supported: There is Improved Hope for Coping with and Recovering from an Eating Disorder (Bedford Room)

Patricia Nash, M ED, Eating Disorder Foundation of Newfoundland and Labrador, St. John's, NL

B. Physical Activity and Eating Disorders: A Current and Comprehensive Look at Physiotherapy Approach in the Management of Physical Activity in Adolescents with Eating Disorders (Harbour Suite A)

Lisa Scott, BScPT, BEd, McMaster Children's Hospital, Hamilton, ON

C. Teaching Parents the Necessary Skills of Family-Based Therapy (FBT) and Meal Support: A Skills Workshop for Parents Who Are Beginning Family-Based Treatment at BC Children's Hospital (Harbour Suite B)

Bertrand Wicholas, MD, British Columbia Children's Hospital, Vancouver, BC

Tom Bauslaugh, MA, British Columbia Children's Hospital, Vancouver, BC

D. Multi-Family Therapy for Adolescents and Adults with Eating Disorders: An Innovative Treatment for Working with Young People and their Families Across the Lifespan (Lunenburg Room)

Gina Dimitropoulos, PhD, University Health Network, Toronto, ON

Sheila Bjarnason, MSW, The Hospital for Sick Children, Toronto, ON

Leora Pinhas, MD, FRCPC, The Hospital for Sick Children, Toronto, ON

E. Exploring the Possibilities: Developing Pan-Canadian Best Practice Guidelines for Involuntary Admission and Treatment of Eating Disorders (Maritime Room)

Olga Heath, PhD, Memorial University, St. John's, NL
Tanis Adey, MD, Memorial University, St. John's, NL
Pamela Ward, PhD, Eastern Health, St. John's, NL
Denise English, MN, Eastern Health, St. John's, NL
Joanne Simms, MN, Eastern Health, St. John's, NL
Anna Dominic, MD, Memorial University, St. John's, NL
Kelly Maloney, MSc, Eastern Health, St. John's, NL
Susan Pardy, PhD, Eastern Health, St. John's, NL

12:30 – 1:30 pm **Lunch** **Commonwealth Ballroom B**

1:30 – 3:00 pm **Plenary Session** **Commonwealth Ballroom A**



Screening of the Film ***No Numbers: Identity Beyond Measure***

Dena Ashbaugh, Filmmaker, Vancouver, BC

3:00 – 3:30 pm **Nutrition Break** **Commonwealth Ballroom B**
Poster Presentations on Display

3:30 – 4:30 pm **Paper Presentations I**

- **Session 1 (Bedford Room)**

A. Peer Coaching: Engaging in a Relationship Beyond ED

Elizabeth Phoenix, MScN, APN, CPMHN(C), London Health Sciences Centre – Victoria Hospital, London, ON
Vanessa Gilmor, RD, BASc, London Health Sciences Centre – Victoria Hospital, London, ON

B. Eating Disorders: An Interdisciplinary Model of Care

Julia Raudzus, MD, FRCPC, St. Paul's Hospital, Vancouver, BC
Grant Millar, MD, FRCPC, St. Paul's Hospital, Vancouver, BC
Jane McKay, MD, FRCPC, St. Paul's Hospital, Vancouver, BC

C. Building Interprofessional Community Capacity for Eating Disorder Care: Results from a Provincial Workshop in Newfoundland and Labrador, Canada

Olga Heath, PhD, Memorial University, St. John's, NL
Joanne Simms, MN, Eastern Health, St. John's, NL
Pamela Ward, PhD, Eastern Health, St. John's, NL
Denise English, MN, Eastern Health, St. John's, NL
Tanis Adey, MD, Memorial University, St. John's, NL
Anna Dominic, MD, Memorial University, St. John's, NL
Kelly Maloney, MSc, Eastern Health, St. John's, NL
Susan Pardy, PhD, Eastern Health, St. John's, NL
Barbara Young, MSc, Memorial University, St. John's, NL

- **Session 2 (Harbour Suite A)**

A. Factitious Disorder or Eating Disorder? An Argument for Underscoring the Sick Role

Aaron Keshen, MD, FRCPC, Capital Health, Halifax, NS

B. Psychological Correlates of Body Dissatisfaction in Children Under 12 Years Old

Annie Aimé, PhD, Université du Québec en Outaouais, Saint-Jérôme, QC

**C. Trouble de déficit de l'attention/hyperactivité (TDAH) et troubles des conduites alimentaires (TCA)
Attention deficit hyperactivity disorder (ADHD) and eating disorders (ED)**

Pierre-Olivier Nadeau, MD, Hôpital Ste-Justine, Montréal, QC

*presentation to be given in English

• **Session 3 (Harbour Suite B)**

A. Outcomes of Intensive Pediatric Eating Disorder Treatment Programs Using a Clinician-Rated Measure

Katherine Henderson, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON

Nicole Obeid, MA, Children's Hospital of Eastern Ontario, Ottawa, ON

Maeghan C.Y. Fu, Carleton University, Ottawa, ON

Danijela Maras, BSc, Children's Hospital of Eastern Ontario, Ottawa, ON

Annik Mossière, BA, Children's Hospital of Eastern Ontario, Ottawa, ON

Wendy Spettigue, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

Mark Norris, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

B. Numbers, Not Feelings: The Use of Measurement in Refining the Assessment Process

Gisele Marcoux-Louie, MSc, Alberta Children's Hospital, Calgary, AB

Monique Jericho, MD, FRCPC, Alberta Children's Hospital, Calgary, AB

C. The Value of Including Measures as Part of a Standardized Assessment Protocol

Monique Jericho, MD, FRCPC, Alberta Children's Hospital, Calgary, AB

Gisele Marcoux-Louie, MSc, Alberta Children's Hospital, Calgary, AB

• **Session 4 (Lunenburg Room)**

A. The Relationship Between Eating Disorders and Suicide Experiences: Results from a Nationally Representative Sample

Christine A. Henriksen, MA, University of Manitoba, Winnipeg, MB

John Walker, PhD, University of Manitoba, Winnipeg, MB

James Bolton, MD, FRCPC, University of Manitoba, Winnipeg, MB

Patricia Furer, PhD, University of Manitoba, Winnipeg, MB

Jitender Sareen, MD, FRCPC, University of Manitoba, Winnipeg, MB

B. A Randomized Wait-List Controlled Trial of Dialectical Behaviour Therapy Guided Self-Help for Binge Eating Disorder: Examining Wait-List Participants' Response to Treatment

Philip C. Masson, MSc, University of Calgary, Calgary, AB

Kristin M. von Ranson, PhD, University of Calgary, Calgary, AB

Laurel M. Wallace, MSc, University of Calgary, Calgary, AB

Debra L. Safer, MD, Stanford University, Stanford, CA, US

C. Response to Day Hospital Treatment in Males

D. Blake Woodside, MD, FRCPC, University Health Network, Toronto, ON

Marion P. Olmsted, PhD, University Health Network, Toronto, ON

Wendi Rockert, MEd, University Health Network, Toronto, ON

- **Session 5 (Maritime Room)**

A. The Influence of Anorexia Nervosa on Sibling Relationships: A Qualitative Study of the Perspective of Patients While in Intensive Treatment

Gina Dimitropoulos, PhD, University Health Network, Toronto, ON
 Nicole Stonewall, BSc, University Health Network, Toronto, ON
 Franca Placenza, PhD, University Health Network, Toronto, ON
 Renita Persaud, R BSc (Hons), University of Toronto, Toronto, ON

B. The Influence of Anorexia Nervosa on Sibling Relationships and Family Functioning

Gina Dimitropoulos, PhD, University Health Network, Toronto, ON
 Kaitlin Bellai, BA, University Health Network, Toronto, ON

C. What Siblings Think: Siblings' Experience of Multi-Family Group Therapy

Marion Rom, MSW, British Columbia Mental Health and Addiction Services, Vancouver, BC
 Kile Brokop, BA, British Columbia Mental Health and Addiction Services, Vancouver, BC

6:00 – 11:00 pm	Cocktail Reception, Lobster Banquet and an Evening of Music	Commonwealth Ballrooms
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Friday, October 12, 2012

TBD	Walk Along the Boardwalk	Hotel Lobby
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7:45 – 8:30 am	Breakfast	Commonwealth Ballroom B
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8:30 – 10:00 am	Keynote Address	Commonwealth Ballroom A
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Reframing and Balancing Obesity Prevention Messaging: Implications for Research, Practice and Policy
 Gail McVey, PhD, The Hospital For Sick Children, Community Health Systems Resource Group, Toronto, ON

10:00 – 10:30 am	Nutrition Break Poster Presentations on Display	Commonwealth Ballroom B
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10:30 am – 12:00 pm	Workshop Session II
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A. A Community-Based Approach in the Province of Quebec: An Innovative Model (Bedford Room)

Josée Champagne, MSW, Anorexie et boulimie Québec, Pointe-Claire, QC
 Justine Thouin, MSc, Anorexie et boulimie Québec, Pointe-Claire, QC

B. Emotion-Focused Therapy: Creative Applications in the Family-Based Treatment of Eating Disorders and the Supervision of Clinicians (Harbour Suite A)

Adele Lafrance Robinson, PhD, Laurentian University, Sudbury, ON
 Maria Kostakos, MA, Health Sciences North, Sudbury, ON
 Joanne Dolhanty, PhD, Mount Pleasant Therapy Centre, Toronto, ON

C. To Eat or Not to Eat: That is the Question. A Therapy Group for Mothers (Lunenburg Room)

Margaret Bogue, MSW, The Hospital for Sick Children, Toronto, ON
 Leora Pinhas, MD, FRCPC, The Hospital for Sick Children, Toronto, ON
 Gina Dimitropoulos, PhD, University Health Network, Toronto, ON

D. Building Capacity in Eating Disorders Prevention: Addressing the Continuum of Weight-Related Disorders in British Columbia (Maritime Room)

Mimi Hudson, MA, Family Services of the North Shore, North Vancouver, BC

Connie B. Coniglio, EdD, RPsych, British Columbia Mental Health and Addiction Services, Vancouver, BC

12:00 – 1:00 pm

Lunch

Commonwealth Ballroom B

1:00 – 2:00 pm

Paper Presentations II

- **Session 1** (Harbour Suite A)

A. Panel Discussion: Provincial Eating Disorder Treatment Networks: A Call to Action

David J. Pilon, PhD, Capital Health, Halifax, NS

Connie B. Coniglio, EdD, RPsych, British Columbia Mental Health and Addiction Services, Vancouver, BC

Gail McVey, PhD, The Hospital For Sick Children, Community Health Systems Resource Group, Toronto, ON

Olga Heath, PhD, Memorial University, St. John's, NL

- **Session 2** (Harbour Suite B)

A. Integrating “Maudsley” FBT Principles into an Inpatient Program for Youth with Eating Disorders

Wendy Spettigue, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

Katherine Henderson, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON

Annick Buchholz, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON

Mark Norris, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

Nicole Obeid, MA, Children's Hospital of Eastern Ontario, Ottawa, ON

B. Effect of Non-Select Menus on Weight and Eating Concern in Adolescents Hospitalized with Anorexia Nervosa

Jessica Cane, RD, BAsC, Children's Hospital, London Health Sciences Centre, London, ON

Kim Leacy, RD, OCT, BSc, BEd, Middlesex-London Health Unit, London, ON

***presented by Vanessa Gilmor**, RD, BAsC, London Health Sciences Centre – Victoria Hospital, London, ON

C. Stress Eaters and Stress Undereaters: A Field Study

Michael Emond, PhD, Laurentian University, Sudbury, ON

Jessica Carmichael, BA, Laurentian University, Sudbury, ON

- **Session 3** (Lunenburg Room)

A. Improving the Transition from Paediatric to Adult Care Services for Adolescents with Eating Disorders

Alène Toulany, MD, FRCPC, The Hospital for Sick Children, Toronto, ON

Gina Dimitropoulos, PhD, University Health Network, Toronto, ON

Miriam Kaufman, MD, FRCPC, The Hospital for Sick Children, Toronto, ON

Donna Samuels, RN, The Hospital for Sick Children, Toronto, ON

Joanna Anderson, MSW, The Hospital for Sick Children, Toronto, ON

Tania Turrini, RD, The Hospital for Sick Children, Toronto, ON

Patricia Colton, MD, FRCPC, University Health Network, Toronto, ON

Cathleen Steinegger, MD, The Hospital for Sick Children, Toronto, ON

B. Predictors of Refractory Eating Disorders in a Clinical Sample of Adolescents

Nicole Obeid, MA, Children's Hospital of Eastern Ontario, Ottawa, ON

Katherine Henderson, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON

Mark Norris, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

Danijela Maras, BSc, Children's Hospital of Eastern Ontario, Ottawa, ON

Wendy Spettigue, MD, Children's Hospital of Eastern Ontario, Ottawa, ON

C. Short-Term Outcomes of a Day Treatment Program for Youth with Eating Disorders

Katherine Henderson, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON
Nicole Obeid, MA, Children's Hospital of Eastern Ontario, Ottawa, ON
Annick Buchholz, PhD, Children's Hospital of Eastern Ontario, Ottawa, ON
Wendy Spettigue, MD, Children's Hospital of Eastern Ontario, Ottawa, ON
Mark Norris, MD, Children's Hospital of Eastern Ontario, Ottawa, ON
Megan Harrison, MD, Children's Hospital of Eastern Ontario, Ottawa, ON
Steve Feder, MD, Children's Hospital of Eastern Ontario, Ottawa, ON
Annik Mossière, BA, Children's Hospital of Eastern Ontario, Ottawa, ON
Danijela Maras, BSc, Children's Hospital of Eastern Ontario, Ottawa, ON

• **Session 4 (Maritime Room)**

A. r-TMS in Bulimia Nervosa and Anorexia Nervosa: Preliminary Results from a Pilot Trial

Jonathan Downar, MD, FRCPC, University Health Network, Toronto, ON
Patricia Colton, MD, FRCPC, University Health Network, Toronto, ON
Marion P. Olmsted, PhD, University Health Network, Toronto, ON
D. Blake Woodside, MD, FRCPC, University Health Network, Toronto, ON

B. Seeing is Believing: Can a Naturalistic Visual Scanning Approach to Selective Attention in Anorexia Nervosa Help with Diagnosis?

Anna Chen, MD, FRCPC, The Hospital for Sick Children, Toronto, ON
Leora Pinhas, MD, FRCPC, The Hospital for Sick Children, Toronto, ON
Kai-Ho Fok, BSc, University of Toronto, Toronto, ON
Reva Schachter, MSc, The Hospital for Sick Children, Toronto, ON
Eileen Lam, BEd, The Hospital for Sick Children, Toronto, ON
Moshe Eizenman, PhD, University of Toronto, Toronto, ON

C. Correlating Mid Upper Arm Circumference (MUAC) with Weight Gain and Physical Recovery in Female Adolescents with Eating Disorders

Peiyoong Lam, MD, FRACP, British Columbia Children's Hospital, Vancouver, BC
Jadine Cairns, MSc, British Columbia Children's Hospital, Vancouver, BC
Lily Farris, British Columbia Children's Hospital, Vancouver, BC
Sheila Marshall, PhD, British Columbia Children's Hospital, Vancouver, BC

• **Session 5 (Bedford Room)**

A. Clinical Practice Guidelines for the BC Eating Disorders Continuum of Services (Bedford Room)

Josie Geller, PhD,
Shawna Goodrich, MSW,
Kathy Chan, MA,
Sarah Cockell, PhD,
Suja Srikameswaran, PhD, Providence Health Care, BC

2:00 – 2:30 pm

Nutrition Break
Poster Presentations on Display

Commonwealth Ballroom B

2:30 – 4:00 pm

Workshop Session III

A. Improving Access, Quality and Safety: Implementing LEAN Methodology in Specialized Child and Adolescent Eating Disorder Services at BC Children's Hospital (Bedford Room)

Connie B. Coniglio, EdD, RPsych, British Columbia Mental Health and Addiction Services, Vancouver, BC
Tom Bauslaugh, MA, British Columbia Mental Health and Addiction Services, Vancouver, BC

- B. Cognitive Behavior Therapy and Acceptance and Commitment Therapy: Interventions to Address Body Image Concerns with Eating Disordered Clients (Harbour Suite A)**
Valarie Bittner, MA, Westwind Eating Disorder Recovery Centre, Brandon, MB
- C. Parental Challenges in Supporting Treatment and Recovery in Adolescent Eating Disorders: The Development of Strength-Based Approaches to Unify Parents and Professionals (Harbour Suite B)**
Patricia Fergusson, PhD, Health Sciences Centre, Winnipeg, MB
Margo Lane, MD, FRCPC, Health Sciences Centre, Winnipeg, MB
Eric Vickar, MD, FRCPC, Health Sciences Centre, Winnipeg, MB
- D. Transition Age Youth with Eating Disorders: Clinical Guidelines and Interventions for Effectively Working with Emerging Adults and Their Families in Various Settings (Maritime Room)**
Gina Dimitropoulos, PhD, University Health Network, Toronto, ON
Alène Toulany, MD, FRCPC, The Hospital for Sick Children, Toronto, ON
Miriam Kaufman, MD, FRCPC, The Hospital for Sick Children, Toronto, ON
Patricia Colton, MD, FRCPC, University Health Network, Toronto, ON
Cathleen Steinegger, MD, The Hospital for Sick Children, Toronto, ON
Donna Samuels, RN, The Hospital for Sick Children, Toronto, ON
Joanna Anderson, MSW, Sheena's Place, Toronto, ON

4:00 – 4:30 pm

**EDAC-ATAC Annual Meeting
Closing Remarks and Awards**

Commonwealth Ballroom A

Dr. David Pilon, Capital Health, EDAC-ATAC President

Posters

- Does Maudsley Family-Based Therapy Enhance the Weight Gain of Children with Anorexia Nervosa?**
Joanne Gusella, PhD, IWK Health Centre, Halifax, NS
Anna Campbell, PhD, IWK Health Centre, Halifax, NS
Stephanie Casey, MD, FRCPC, IWK Health Centre, Halifax, NS
Lisa Parkinson McGraw, PDT, IWK Health Centre, Halifax, NS
Tara White, MSW, IWK Health Centre, Halifax, NS
- Evaluation of a Nutritional Rehabilitation Protocol in Hospitalized Adolescents with Restrictive Eating Disorders**
Anick Leclerc, RD, BSc, The Hospital for Sick Children, Toronto, ON
Kelly Sherwood, RD, MSc, The Hospital for Sick Children, Toronto, ON
Tania Turrini, RD, BSc, The Hospital for Sick Children, Toronto, ON
Debra K. Katzman, MD, FRCPC, The Hospital for Sick Children, Toronto, ON
- University Students' Perceptions of an On-Campus Peer Health Program for Fostering Positive Body Image and Self-Esteem**
Athena N. Dumont, Brock University, St. Catharines, ON
Kimberley L. Gammage, PhD, Brock University, St. Catharines, ON
Kyle Horvath, BA (Honors) in Psychology, Brock University, St. Catharines, ON
Deborah Wilkes-Whitehall, MD, FCFP, Niagara Health System, Port Colborne, ON
Melodie Shick-Porter, RN, BAcn, Brock University, St. Catharines, ON
- Body Weight as a Prognostic Factor for Day Hospital Success in Adolescents with Anorexia Nervosa**
Michelle Ngo, MD, FRCPC, London Health Sciences Centre – Children's Hospital, London, ON
Leanna Isserlin, MD, FRCPC, London Health Sciences Centre – Children's Hospital, London, ON

5. **The Connection with Asperger's Syndrome-Genetic Loading, Eating Disorders and Sensory Integration Disorders with Implications for Therapy** (unpublished)

Paula Shapiro, BA, MS Ed, Niagara Health System, Port Colborne, ON
Deborah Wilkes-Whitehall, MD, FCFP, Niagara Health System, Port Colborne, ON

6. **Eating Patterns in Response to Different Stressors: A Laboratory Study**

Stacey Kosmerly, BA, Laurentian University, Sudbury, ON
Adele Robinson, PhD, Laurentian University, Sudbury, ON
Michael Emond, PhD, Laurentian University, Sudbury, ON
Sherry Van Blyderveen, PhD, McMaster's Children's Hospital, Hamilton, ON

7. **Working Alliance, Post-Session Changes and Emotion Dysregulation in Group Treatment for Eating Disorders**

Iryna Ivanova, MA, University of Toronto, Toronto, ON
Jeanne C. Watson, PhD, University of Toronto, Toronto, ON
Joanne Dolhanty, PhD, Credit Valley Hospital, Mississauga, ON

8. **The Contribution of Self-Compassion to Eating Disorder Cognitions**

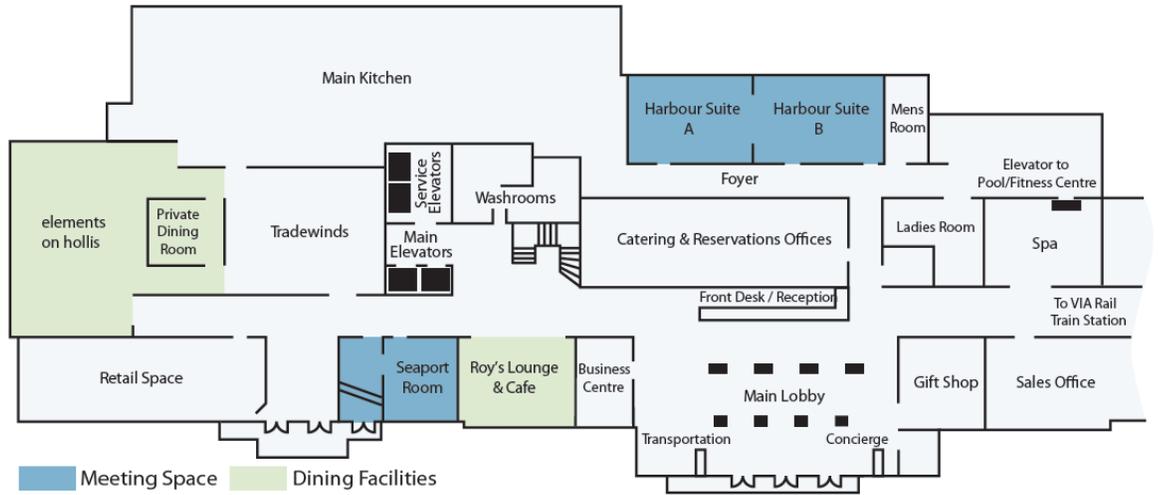
Cara Dunkley, BA, St. Paul's Hospital, Vancouver, BC
Josie Geller, PhD, University of British Columbia, Vancouver, BC

9. **The HOPE Program Pilot Project: Supporting Clients Who Are Ambivalent About Change**

Melody Sorenson, MSc, Memorial University, St. John's, NL

Westin Floor Plans

lobby level
ground floor



conference level
first floor

