Day 1 – Friday, October 12, 2018

08:00 – 08:45  Registration and Continental Breakfast (Salon Alta Vista/Victoria North – 2nd floor)

08:45 – 09:00  Welcome (Victoria North – 2nd floor)
Dorita Shemie, MSW, President, EDAC-ATAC
Josie Geller, PhD, Past President, EDAC-ATAC

09:00 – 10:15  Keynote Address I (Victoria North – 2nd floor)

A1. What Neuroimaging and Neurostimulation Can Tell Us About the Psychology of Eating Disorders
Blake Woodside, MD, FRCPC, Toronto General Hospital, Toronto ON

10:15 – 10:45  Nutrition Break (Victoria North – 2nd floor)

10:45 – 12:15  Paper Session I

Track I: Adult (Salon Carleton-Salon Capital – 2nd floor)

C1. Evolving methods for enhancing Canadian men’s engagement in specialized outpatient assessment and treatment of an eating disorder: Description of a designated track for men
Brad A MacNeil, PhD, George Mason University, Fairfax VA USA

C2. Long-Term Follow-up of an Emotion-Focused Family Therapy Workshop: A Mixed Methods Study
Adele Lafrance, PhD, Laurentian University, Sudbury ON
Patricia Nash, MEd, Eating Disorder Foundation of Newfoundland and Labrador, St. John’s NL
Cathy Skinner, Eating Disorder Foundation of Newfoundland and Labrador, St. John’s NL

C3. Efficacy of the ECHO Approach for Patients with Eating Disorders and their Carers
Sarrah Ali, BSc, Nova Scotia Health Authority, Halifax NS

C4. PTSD Predicts Dropout/Premature Termination from Day Hospital Treatment for Bulimia Nervosa and OSFED
Kathryn Trottier, PhD, University Health Network, Toronto ON

Track II: Child/Youth (Salon Wellington – 3rd floor)

C5. The Mediating Role of Low Self-Esteem and Negative Mood in the Associations Between Adolescents’ Perceptions of the Quality of Interpersonal Relationships and Eating Disorder Symptom Severity
Jade Pelletier Brochu, PhD Candidate, Montreal University, Montreal QC
Dominique Meilleur, PhD, Montreal University, Montreal QC

C6. Mediating Effect of Illness Perception and Psychological Distress on the Link Between Caregiving Experience and Expressed Emotion of Parents of Hospitalized Adolescents with Anorexia Nervosa at Early Stage of the Illness
Soline Blondin, PhD, Université de Montréal, Montreal QC
Dominique Meilleur, PhD, Université de Montréal, Montreal QC
C7. The Role of Sex and Gender in Pediatric Eating Disorders: Symptom Presentation and Treatment Outcome in Male and Female Youth
   Jennifer S Coelho, PhD, BC Children’s Hospital, Vancouver BC

C8. Understanding Avoidant Restrictive Food Intake Disorder in Children and Youth: A Canadian Surveillance Study
   Debra Katzman, MD, FRCPC, The Hospital for Sick Children, Toronto ON

Track III: Community (Salon Rideau – 3rd floor)

C9. A Tertiary-Care/Primary-Care Partnership Aimed at Improving Care for People with Eating Disorders
   Lea Thaler, PhD, Douglas University Institute, Montreal QC

C10. What Does it Take to Make Patient-Directed Care a Reality?
    Andrea LaMarre, PhD, University of Guelph, Guelph ON

    Josie Geller, PhD, St. Paul's Hospital, Vancouver BC

Track IV: Biology (Salon Dalhousie – 3rd floor)

C13. A Longitudinal, Epigenome-Wide Study of DNA Methylation in Anorexia Nervosa: Results in Actively Ill, Partially Weight Restored, Long-Term Remitted, and Non-Eating-Disordered Women
    Howard Steiger, PhD, Douglas University Institute, Verdun QC

C14. Preliminary Evidence for the Off-Label Treatment of Bulimia Nervosa with Psychostimulants: Six Case Reports
    Laura Dixon, BSc, Nova Scotia Health Authority, Halifax NS

C15. Pharmacogenetics: Can it Explain the Lack of Evidence for the Use of Medications in Eating Disorders?
    Leora Pinhas, MD, FRCPC, University of Toronto, Toronto ON

C16. Visual Scanning Behaviour: A Potential Biological Marker for Diagnosis (and Recovery) in Eating Disorders?
    Leora Pinhas, MD, FRCPC, University of Toronto, Toronto ON

12:15 – 13:15   Lunch (provided) (Victoria North – 2nd floor)

Section Meetings I - Please gather your lunch and proceed to your meeting room

   Emotion Focused Family Therapy (EFFT) (Salon Wellington – 3rd floor)
   Intensive Group Therapy (IGT) (Salon Rideau – 3rd floor)
   Students (Salon Dalhousie – 3rd floor)
13:15 – 14:45    **Workshop Session I**

**D1.** Adding Exposure with Response Prevention (ERP) to your Evidence-Based Toolkit for Addressing Ritualistic Behaviours in Eating Disorders (Salon Carleton-Salon Capital – 2nd floor)
Brad A MacNeil, PhD, George Mason University, Fairfax VA USA

**D2.** Emotion-Focused Family-Based Treatment: An Integrative Model to Improve Eating Disorder Outcomes for Treatment Non-Responders (Salon Wellington – 3rd floor)
Gina Dimitropoulos, PhD, University of Calgary, Calgary AB
Adele Lafrance, PhD, Laurentian University, Sudbury ON
Renee Rienecke, PhD, Medical University of South Carolina, Charleston SC

**D3.** The Clinical Implications for Dietitians of the Changes in DSM-5 Criteria for Eating Disorders (Salon Rideau – 3rd floor)
Susan Osher, MSc, RD, CEDRD, Toronto ON

**D4.** Self-Compassion and Barriers to Self-Compassion: Research Update and Applications to Body Image Work in Eating Disorders Treatment (Victoria North – 2nd floor)
Suja Srikameswaran, PhD, St. Paul’s Hospital, Vancouver BC
Josie Geller, PhD, St. Paul’s Hospital, Vancouver BC

**D5.** Applying Family Based Treatment (FBT) into Practice: A Capacity Building Model (Salon Dalhousie – 3rd floor)
Jessica Wournell, BScN, IWK Health Centre, Halifax NS
Herb Orlik, MD, FRCPe, IWK Health Centre, Halifax NS
Kate MacPhee, BSc AHN, IWK Health Centre, Halifax NS
Brynn Kelly, PhD, IWK Health Centre, Halifax NS

**D6.** Using Program Evaluation Data, Patient Feedback and Clinical Expertise to Revise a Treatment Program: The TGH Experience (Salon Albert – 1st floor)
Marion P Olmsted, PhD, University Health Network, Toronto ON
Kathryn Trottier, PhD, University Health Network, Toronto ON

**D7.** Implementing Dialectical Behaviour Therapy (DBT) within an Intensive Pediatric Eating Disorders Program: Clinical Challenges and Practical Considerations (Salon York – 1st floor)
Cheryl Webb, MSW, McMaster University, Hamilton ON
Jennifer Couturier, MD, FRCPc, McMaster University, Hamilton ON

14:45 – 15:15    **Nutrition Break** (Victoria North – 2nd floor)

15:15 – 16:45    **Workshop Session II**

**D8.** Maximizing Engagement and Motivation for Change in Eating Disorder Treatment: The Importance of Autonomy Support (Victoria North – 2nd floor)
Howard Steiger, PhD, Douglas University Institute, Montreal QC
Lea Thaler, PhD, Douglas University Institute, Montreal QC
Chloé Paquin-Hodge, PhD, Douglas University Institute, Montreal QC
D9. **ARFID Adjuncts: Tailoring Treatment Beyond the Diagnosis** (Salon Carleton-Salon Capital – 2nd floor)
Holly Agostino, MD, FRCPC, Montreal Children’s Hospital, Montreal QC
Peggy Alcindor, PDt, Montreal Children’s Hospital, Montreal QC
Jason Bond, MD, FRCPC, Montreal Children’s Hospital, Montreal QC

D10. **After the Workup: A Multidisciplinary Approach to Treating Pediatric Eating Disorder Patients with Somatic Symptoms** (Salon Wellington – 3rd floor)
Cathleen Steinegger, MD, The Hospital for Sick Children, Toronto ON
Seena Grewal, MD, FRCPC, The Hospital for Sick Children, Toronto ON
Jaimie Kennedy, BSc, The Hospital for Sick Children, Toronto ON

D11. **Signalling Matters: Radically Open-Dialectical Behaviour Therapy (RO-DBT) for Disorders of Overcontrol** (Salon Rideau – 3rd floor)
Sharon Zister, MSW, RSW, Private Practice, Toronto ON

D12. **Addressing the Gap in Adult Eating Disorder Nutritional Recovery: Transitioning Patients from Intensive Treatment to Home** (Salon Dalhousie – 3rd floor)
Ali Eberhardt, BSc FNH Dietetics, St. Paul’s Hospital, Vancouver BC
Nicole O’Byrne, BSc FNH Dietetics, IOC Diploma Sports Nutrition, ISAK Level 1, St. Paul’s Hospital, Vancouver BC

D13. **The Role of Registered Dietitians in Family Based Treatment for Adolescents with Eating Disorders: Lessons Learned from Community to Tertiary Care Settings Across Canada** (Salon Albert – 1st floor)
Gina Dimitropoulos, PhD, University of Calgary, Calgary AB
Barbara Beach, PhD, BC Children’s Hospital, Vancouver BC
Jadine Cairns, MSc, BC Children's Hospital, Vancouver BC
Susan Osher, MSc, RD, CEDRD, Toronto ON
Jennifer Scarborough, MSW, Canadian Mental Health Association, Waterloo-Wellington ON
Tara Slemko, MSc, Alberta Children's Hospital, Calgary AB
Blake Woodside, MD, FRCPC, Toronto General Hospital, Toronto ON

D14. **Co-Design in Eating Disorder Treatment: Can We Accept Our Patients as Part of the Crew and Not Just the Passengers?** (Salon York – 1st floor)
Leora Pinhas, MD, FRCPC, University of Toronto, Toronto ON

16:45 – 17:00 **Wrap Up Day 1 Scientific Program** (Victoria North – 2nd floor)

18:00 – 20:00 **Entertainment, Reception, Social Networking** (all registered attendees welcome) (Summit – 29th floor)

**Day 2 – Saturday, October 13, 2018**

08:00 – 08:45 **Continental Breakfast** (Victoria North - 2nd floor)

08:45 – 09:00 **Welcome and Housekeeping** (Victoria North – 2nd floor)
Mark L Norris, MD, FRCPC, Conference Chair, EDAC-ATAC Ottawa 2018
09:00 – 10:15  **Keynote Address II** (Victoria North – 2nd floor)

A2. **Where Angels Fear to Tread: When Your ED Client is Engaging in Behaviors that Interfere with Treatment**
Lucene Wisniewski, PhD, FAED, Center for Evidence Based Treatment, Ohio & Case Western Reserve University, Cleveland OH USA

10:15 – 10:45  **Nutrition Break** (Victoria North – 2nd floor)

**Posters** - presenters should be present for discussion (Salon Carleton-Salon Capital – 2nd floor)

10:45 – 11:30  **Plenary I** (Victoria North – 2nd floor)

B1. **Canadian Eating Disorder Priority Setting Partnership: A Collaborative Journey to Build Shared Research Priorities**
Nicole Obeid, PhD, Children’s Hospital of Eastern Ontario, Ottawa ON

11:30 – 12:45  **Paper Session II**

**Track I: Adult** (Salon Dalhousie – 3rd floor)

C17. **Preliminary Findings on Patient Treatment Expectations at a Canadian Outpatient Eating Disorders Program**
Brad A MacNeil, PhD, George Mason University, Fairfax VA USA

C18. **Self-Efficacy as a Predictor of Treatment Outcome in an Outpatient Eating Disorder Program**
Aaron Keshen, MD, FRCPC, Nova Scotia Health Authority, Halifax NS

C19. **A Comparison of Motivation-Oriented Versus Psychoeducation-Oriented Day Hospital Treatment for Eating Disorders**
Jennifer S Mills, PhD, York University, Toronto ON
Gillian Kirsh, PhD, North York General Hospital, North York ON

C20. **Concurrent Anorexia Nervosa (AN) and Non-Tuberculosis Mycobacterium (NTM) in a Canadian Male Receiving Outpatient Treatment for an Eating Disorder**
Brad A MacNeil, PhD, George Mason University, Fairfax VA USA

**Track II: Adolescent** (Victoria North – 2nd floor)

C21. **Treatment for “Transition Age” Youth: Effectiveness of a Residential Program for Eating Disorders**
Kim D Williams, MA, BC Children’s Hospital, Vancouver BC
Jennifer Coelho, PhD, BC Children’s Hospital, Vancouver BC

C22. **Multi-Family Group Therapy for Adolescents with Eating Disorders**
Ahmed Boachie, MD, FRCP, Southlake Regional Health Centre, Newmarket ON
Karin Jasper, PhD, Southlake Regional Health Centre, Newmarket ON
C23. **Targeting Cognitive Inefficiencies in an Adolescent Residential Treatment Program**  
Andrea M Byrne, PhD, Ontario Shores Centre for Mental Health Sciences, Whitby ON  
Tina Slaunwhite, RPN, Ontario Shores Centre for Mental Health Sciences, Whitby ON

C24. **Intensive Treatment for Pediatric Eating Disorders: A Systematic Review of Inpatient, Residential and Day Treatment Outcomes**  
Leanna Isserlin, MD, FRCPC, Children’s Hospital of Eastern Ontario, Ottawa ON

Track III: Community/Systems (Salon Wellington – 3rd floor)

C25. **Evaluating the Unique Associations Between Personality Psychopathology and Heterogeneous Eating Pathology Symptoms**  
Shauna Solomon-Krakus, MSc, University of Toronto Scarborough, Scarborough ON

C26. **The Effects of Active Social Media Engagement on Eating Disorder Risk Factors in Young Women**  
Jacqueline V Hogue, MA, York University, Toronto ON

C27. **Development of an Assessment Guide for a Proposed Eating Disorder: Orthorexia Nervosa**  
Gavin McAtee, MEd, University of Lethbridge, Lethbridge AB

Track IV: Adolescent (Salon Rideau – 3rd floor)

C28. **Clinical Evidence in the Initial Inpatient Management of Adolescents Admitted with Severe Anorexia Nervosa**  
Stéphanie Proulx-Cabana, MD, Sainte-Justine University Hospital Center, Montreal QC

C29. **Implementing Dialectical Behaviour Therapy on a Pediatric Eating Disorders Unit**  
Cheryl Webb, MSW, McMaster University, Hamilton ON  
Jennifer Couturier, MD, FRCPC, McMaster University, Hamilton ON

Jennifer Couturier, MD, FRCPC, McMaster University, Hamilton ON

C31. **Caregiving Experience and Expressed Emotion Among Parents of Adolescents Suffering from Anorexia Nervosa Following Illness Onset**  
Soline Blondin, PhD, Université de Montréal, Montreal QC  
Dominique Meilleur, PhD, Université de Montréal, Montreal QC

12:45 – 13:45 **Lunch (provided) (Victoria North – 2nd floor)**

Section Meetings II - Please gather your lunch and proceed to your meeting room

Family Based Treatment (Salon Wellington – 3rd floor)  
Nutrition (Salon Rideau – 3rd floor)  
Occupational Therapy (Salon Dalhousie – 3rd floor)  
Private Practice (Salon York – 1st floor)
13:45 – 15:15  **Workshop Session III**

D15. **#Times Up: Putting Reflexivity and Common Humanity Back in Eating Disorder Treatment** (Salon Rideau – 3rd floor)
Andrea LaMarre, PhD, University of Guelph, Guelph ON
Leora Pinhas, MD, FRCPC, University of Toronto, Toronto ON
Olivia Detmers, Georgetown ON
Robyn Mercanti, Toronto ON

D16. **The Art of Practicing Evidence-Based Medicine: Some Creative Solutions for When FBT Fails** (Victoria North – 2nd floor)
Wendy Spettigue, MD, FRCPC, Children’s Hospital of Eastern Ontario, Ottawa ON
Mark L Norris, MD, FRCPC, Children’s Hospital of Eastern Ontario, Ottawa ON
Clare Roscoe, MD, FRCPC, Children’s Hospital of Eastern Ontario, Ottawa ON
Leanna Isserlin, MD, FRCPC, Children’s Hospital of Eastern Ontario, Ottawa ON

D17. **The Novel Application of Acceptance and Commitment Therapy (ACT) in an Open Group Format for Patients Awaiting the Initiation of Core Evidence-Based Care** (Salon Wellington – 3rd floor)
Brad A MacNeil, PhD, George Mason University, Fairfax VA USA

D18. **“That Chair Group”: Using Group-Based Emotion-Focused Therapy in Eating Disorder Treatment** (Salon Dalhousie – 3rd floor)
Cheryl Aubie, PhD, Nova Scotia Health Authority, Halifax NS
Yvette Scattolon, PhD, Nova Scotia Health Authority, Halifax NS

D19. **C-CARE: A Comprehensive Treatment Model for Concurrent Eating Disorders and Substance Use Disorders** (Salon Albert – 1st floor)
Katherine A Henderson, PhD, Anchor Psychological Services Inc, Ottawa ON

D20. **Meal Support: Philosophies and Strategies** (Salon York – 1st floor)
Emily To, MSc, RD, Looking Glass Residence, Vancouver BC
Jadine Cairns, MSc, RD, BC Children’s Hospital, Vancouver BC

15:15 – 15:45  **Nutrition Break/Posters** (Victoria North/Salon Carleton-Salon Capital – 2nd floor)

15:45 – 17:00  **Plenary II** (Victoria North – 2nd floor)

B2. **10 Hot Topics in Canadian Mental Health**
Ian Manion, PhD, CPsych, The Royal’s Institute of Mental Health Research, Ottawa ON

17:00 – 17:15  **Closing Remarks and Evaluations** (Victoria North – 2nd floor)
Posters (Salon Carleton-Salon Capital – 2nd floor)

E1. **A Descriptive Analysis of Men with Eating Disorders**  
Brad A MacNeil, PhD, George Mason University, Fairfax VA USA

E2. **A Preliminary Eye-Tracking Investigation of Attentional Biases and Body Dissatisfaction**  
Kaylee Misener, MA, University of British Columbia, Kelowna BC  
Stefanie Ciszewski, MA, University of British Columbia, Kelowna BC

E3. **Correspondences Between Plasma Nutrient Levels and DNA Methylation Patterns in Individuals with Anorexia Nervosa**  
Jessica Burdo, BA, McGill University, Montreal QC

E4. **Determining the Effectiveness of Three Online Expressive Writing Interventions in Reducing Bulimic Symptoms in a Non-Clinical Sample**  
Kheana Barbeau, PhD Candidate, University of Ottawa, Ottawa ON

E5. **Perceived Helpfulness of Meal Support within an Eating Disorder Day Treatment Program and Considerations for the Implementation of Dinners**  
Felicia M Chang, PhD Candidate, Children’s Hospital of Eastern Ontario, Ottawa ON

E6. **Predictors of Outcome in Eating Disorders Treatment: Readiness, Self-Compassion, and Fear of Self-Compassion**  
Megumi Iyar, BA, St. Paul's Hospital, Vancouver BC  
Josie Geller, PhD, St. Paul's Hospital, Vancouver BC

E7. **SSRI Use in Adolescent Eating Disorders: A Retrospective Chart Review**  
Wendy Spettigue, MD, FRCPC, Children's Hospital of Eastern Ontario, Ottawa ON

E8. **The Impact of Product Health Descriptions and Serving Size Information on Consumption**  
Breeanna Streich, BA, Laurentian University, Sudbury ON